

## School Health Advisory Council Minutes

**Date:** January 29, 2020

**Start Time:** 3:35 pm

**End Time:** 4:00 pm

**Present:** Travis Arbuckle, Kristi Click, Jessica Mielsch, Beth Yorlano, Kristi Peterson, Ami Cotharn, Sara Maknojia, Misty Platt, Jessie Crable, Andrea Sunday, Harold Payne, Monica McCollum, Becky Wright, Jodi Nash

- I. Meeting called to order by Jodi Nash, RN
- II. All members introduced themselves.
- III. Overview of SHAC discussed and SHAC manual provided to each member.
- IV. Nursing – discussed nursing department’s efforts to keep students healthy, health screenings completed, vaping concerns with possible student and parent education, and serving as a Clinical site for local nursing schools
- V. Nutrition – provided Wellness Policy Assessments from each campus to discuss at next meeting. Discussion of Snack Bar in cafeterias about including healthier snacks or limiting visit frequency
- VI. Community Outreach
  - a. YUM Nutrition attended Galveston County Health Fair on January 25 and sent home flyers to elementary students to increase attendance
  - b. Nursing staff has been assisting with low-cost CPR courses offered to employees and have scheduled dates to offer to the community
  - c. Discussion of possible Health Fair for students at the HS
  - d. Nursing department distributes kits from the Fantastic Teeth Club donated by the Masonic Lodge
- VII. Discussed January’s Employee Health Fair’s success and discussed future health fair plans
  - a. Mammogram Screenings
    - i. The Rose needs a minimum of 30-45 interested – discussed possible ways to meet requirements
    - ii. Galveston County Health District discussed their program as an alternate
- VIII. Discussed possible community outreach opportunities
- IX. Future SHAC meetings provided