

PARENT COFFEE TALKS AND TRAININGS



Junior High and High School Sessions

JOIN US FOR



<p>Date & Time: Friday, Sept. 28th at 9AM Location: Santa Fe High School Library Presenter: Kimberly Pruitt Topic: How to Help Your Child Cope with PTSD Description: This discussion will include ways for parents to identify and help their students cope with PTSD.</p>	<p>Date & Time: Monday, Oct. 22th at 5PM Location: Santa Fe High School Library Presenter: Amanda Wagner & Teachers Topic: It's a Marathon, Not a Sprint: How to build stamina and fluency in a young reader Description: This session will focus on book clubs at the high school, including the rationale behind book clubs and what parents can do at home to support this project. SIGN UP HERE</p>	<p>Date & Time: Friday, Oct. 26th at 9AM Location: Santa Fe Junior High Library Presenter: Lee Anne Aluotto Topic: How to Recognize Substance Abuse Description: This group will focus on ways to prevent, recognize, and get help for someone suffering from substance abuse. SIGN UP HERE</p>	<p>Date & Time: Friday, Nov. 30th at 9AM Location: Santa Fe High School Library Presenter: Beth Yorlano and Katie Casey Topic: Suicide Prevention Description: Understanding the signs and identifying suicidal ideation, along with supportive resources, will be the topic of this session. SIGN UP HERE</p>
<p>Date & Time: Friday, Dec. 14th at 9AM Location: Santa Fe Junior High Library Presenter: TBD Topic: Charitable Works Description: This talk will allow parents the opportunity to give back to the community through programs within the district.</p>	<p>Date & Time: Tuesday, Jan. 15th at 5PM Location: Santa Fe High School Library Presenter: Amanda Wagner & Teachers Topic: Writing is Writing, right? Description: This session will focus on the difference between the writing process and writing to learn. SIGN UP HERE</p>	<p>Date & Time: Friday, Jan. 25th at 9AM Location: Santa Fe High School Library Presenter: Beth Yorlano Topic: College Check List Description: Information on college preparation and a question/answer session will give parents the tools they need to help their students. SIGN UP HERE</p>	<p>Date & Time: Tuesday, Feb. 22nd at 9AM Location: Santa Fe Junior High Library Presenter: Dr. Linda Hart Topic: Fighting Anxiety and Building Self-Esteem Description: This discussion will supply parents with different tools to help support positive mental health. SIGN UP HERE</p>
<p>Date & Time: Friday, March 29th at 9AM Location: Santa Fe High School Library Presenter: SFHS Wellness Counselors Topic: Emotional Coping Description: Parents will learn ways to aid students in emotional coping skills, including training in EFT (Emotional Freedom Techniques). SIGN UP HERE</p>	<p>Date & Time: Friday, April 26th at 9AM Location: Santa Fe Junior High Library Presenter: Katie Casey Topic: Study Tips and Test Preparation Description: This talk will explore ways for parents to teach their students to use best study habits and practices. SIGN UP HERE</p>	<p>Date & Time: Friday, May 24th at 9AM Location: Santa Fe High School Library Presenter: SFHS Guidance Counselors Topic: Internships, Endorsements, and Career Goals Description: Parents will be equipped with knowledge about graduation plans and continuing education throughout the summer. SIGN UP HERE</p>	